

# Mental illness and addictions affect one in five Ontarians

OTN can help to bring these patients the care they need, where and when they need it.



## Assessments, therapy, case conferencing and other routine tasks

OTN enables access to care for more than 100,000 mental health and addiction patients annually. These patients may face long waits to see a specialist, incur travel costs and time away from their family and friends, adding unnecessary stress in their lives.

Telemedicine provides a welcome relief, resulting in patient satisfaction rates of 94%<sup>1</sup>.

In addition to a variety of patient assessments, individual and/or group therapy and case conferencing, OTN is also used to

deliver emergency psychiatry and child and youth mental health services.

Studies of the effectiveness of telemedicine appointments versus traditional face-to-face appointments in psychiatry have found that the outcomes were equivalent<sup>2</sup>.

## Helping physicians help patients

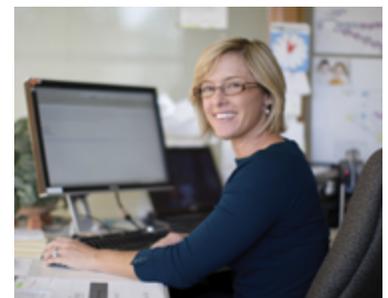
### Why do physicians use OTN?

- Efficient way to effectively diagnose and treat patients from anywhere in Ontario.
- Easier access for patients to initial consults and follow-up visits.
- Easy to use, with a scheduled appointment system that can be seamlessly incorporated into a physician's daily practice to keep it running on time.
- Supports clinical activity across more than 40 therapeutic areas of care.
- OHIP billable.
- To Form 1 patients and reverse Forms as required.



*Telemedicine is very easy-to-use. It allows me to manage my practice, because we start on time, I see as many patients as I want, finish on time and move on to other things."*

- Dr. Ranjith Chandrasena



### About OTN

As the world leader in telemedicine, we are helping Ontario get more out of the healthcare system, bringing more patients the care they need, where and when they need it. OTN is an independent, not-for-profit organization funded by the Government of Ontario.

<sup>1</sup> 2009 OTN patient survey  
<sup>2</sup> O'Reilly, R., Bishop, J., Maddox, K., Hutchinson, L., Fisman, M., Takhar, J. (2007)